



## Stepping Up Process to End Recidivism - SUPER PROTOCOLS

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### **Eligibility Criteria:**

- ✓ Females only.
- ✓ Eighteen (18) years old. All persons aged 16 or 17 years old will be considered on a case-by-case basis.
- ✓ Must be a Forsyth County resident.
- ✓ Must have a mental health and/or substance use disorder.
- ✓ Preference is for those currently detained in Forsyth County Detention Center.
- ✓ Preference is given to misdemeanor and nonviolent charges. All other charges will be considered on a case-by-case basis.
- ✓ Program is voluntary unless it is a condition of a court-ordered jail diversion.
- ✓ If a person has a guardian, the guardian has to agree to person's participation in the program.

★ Formally ACCEPTED once attend first behavioral health appointment after release. ★

### **Referral Process:**

Primary referral sources will be the jail intake nurses, jail mental health department, jail security, inmates, and probation officers.

All referral sources will be considered but the person referred must meet eligibility criteria.

Pending charges and criminal history will be reviewed and taken into consideration. No Class A through E felonies will be considered.

Once a referral is received and pending charges and criminal history are reviewed, SUPER staff will meet with the person at the detention center within three (3) business days. SUPER staff will explain the program, expectations, and assess level of interest in the program.

### **Screening process:**

SUPER staff will screen each referral using the TCU Drug Screen V (TCUDS V) and the Modified Mini Screen (MMS).

- The threshold score for the TCUDS V is a score of 4 or higher.
- The threshold score for the MMS is a score of 6 or higher.

If the person meets the threshold scores for either screen, she will be eligible to complete the transition/discharge plan. SUPER staff will meet with the person to inform them they are eligible for SUPER program.

If the person does NOT meet the threshold scores for either screen, a letter will be sent along with a list of resources.

### **Transition/Discharge Plan process:**

SUPER staff will meet with the participant to complete a transition/discharge plan. The transition plan will provide specific direction for the participant to follow post-release. The transition plan focuses on individual needs of the participant in order to make appropriate referrals to the community.

SUPER staff will schedule mental health, substance use, and/or medical appointments on behalf of the participant prior to release from jail. These appointments will be included in the transition plan.

The goal is to have the plan completed before the participant is released from jail. The plan can be completed in the community if it was started while incarcerated. The plan will also be updated to address changing needs and goals while the participant is in the program. It is a fluid document.

Ideally, transition plans should be developed for participants who have been sentenced or for those expected to stay in jail more than 10 days. Transition plans can be completed in the community for those with high threshold scores but will be in jail for a shorter period.

The participant will be expected to sign appropriate releases for all treatment providers and community agencies identified in their transition plan.

Participants will be informed and have to agree to their transition plan being shared with all agencies/referrals made on their behalf. This is so each community agency/provider understands who is working with each participant, and hopefully will encourage interagency dialogue to best help each participant as well as hold them accountable.

Participants will sign their transition plan acknowledging its creation and they agree to participate in the SUPER program upon release. *\*\*If a participant has a guardian, the guardian will also be expected to sign the plan and any releases of information needed.*

### **Acceptance process:**

Once released from jail, the participant must attend a behavioral health appointment before formally accepted into the SUPER program.

### **Community process:**

SUPER staff will contact each treatment provider on the participant's transition plan to assess the participant's attendance and compliance. If the participant has attended their mental health, substance use, and/or medical appointments, SUPER staff will contact community agencies on their behalf and make the appropriate referrals.

Participants are expected to make satisfactory efforts towards meeting transition plan goals and target dates. This includes attending mental health, substance use, medical, and community agency appointments scheduled by SUPER staff and following all recommendations of the treatment provider(s) and community agencies.

Participants are expected to take medications as prescribed by a licensed psychiatrist and to comply with all assessments and treatment recommendations of the provider, if applicable.

Participants are expected to attend their mental health, substance use, and medical appointments *prior to* receiving assistance with housing, employment, education, or other peripheral services.

Once referrals are made on the participant's behalf to community agencies for peripheral services, they are expected to also follow all recommendations of each community agency. This includes attending appointments on time and acting in a

respectful manner in their facilities. SUPER staff will also contact each community agency to assess the participant's attendance and compliance with peripheral services.

Participants are expected to refrain from the use of illegal or problem substances and must submit to drug testing at the request of their provider.

Participants are expected to refrain from getting any new criminal charges. If participants receive a new charge, continued stay in the program will be decided on a case-by-case basis. Factors that will be considered: circumstances leading to the new charge(s), severity of the new charge(s), and if the participant was forthcoming about new charge(s).

Participants are expected to check in weekly with SUPER staff to review progress on their transition plan goals and target dates. Transition plans are to be reviewed prior to each phase advancement.

Participants are expected to attend the monthly SUPER groups and/or activities. The group or activity will depend on what is available in the community as well as specific requests of the participants. Possible topics:

Health and Wellness/Walking group  
Self-esteem  
WRAP  
Participants' choice

Participants will be expected to progress through four (4) phases to reach graduation. The four phases are explained in the participant handbook. The frequency of contacts may decrease as participants meet transition goals and target dates.

SUPER hopes to be able to give incentives to encourage compliance with treatment and external motivation to meet transition goals and target dates.

Possible incentives:

Bus passes	Graduation ceremonies
Gift cards	Mentor other participants
Vouchers	Reduction of
Certificates of completion	contacts/conditions
Letters of recommendation	Community recognition

The *maximum* length of the SUPER program is one (1) year. Once a participant completes all transition plan goals or shows consistent effort towards meeting transition plan goals during the year, they are eligible for graduation.

If a participant does not graduate within the one year, they will be discharged from the program. Extensions can be considered on a case-by-case basis. The *maximum* extension will be 3 months.

A participant may also be discharged from the program for the following reasons:

1. No contact in 30 days and after three (3) attempts to contact by phone + one (1) attempt to contact by letter.
2. Receive/convicted of a charge that is severe and/or results in active time at Department of Corrections.
3. Continual positive drug screens or show no effort to reduce use.
4. Continuously non-compliant with treatment recommendations, including failing to attend appointments.
5. Continuously non-compliant with agency recommendations, including failing to attend appointments.
6. **MAKE THREATS or BEHAVE IN A VIOLENT MANNER TOWARD OTHER PARTICIPANTS OR STAFF.**

Any person who wishes to return to the SUPER program will be evaluated on a case-by-case basis.

### **Measures/Objectives:**

#### Goals for grants:

1. 100% of SUPER program participants will have a discharge plan completed upon release from Detention Center.
2. 25% of SUPER program participants will be successfully referred to and accepted by Mental Health Court.
3. 75% of SUPER program participants will "graduate" within one year of release from Detention Center and become known as a "SUPERWOMAN".
4. The SUPER program will allow officials to realize a 75% reduction in recidivism by SUPER participants.

#### Other goals/objectives to measure:

1. # Referred to/received MH/SU services.
2. # Referred to and received Medical/Health services.
3. # Substances used
4. # Participants who were employed at graduation.
5. # Participants who were adequately housed at graduation.
6. # Participants who were referred to/received Educational/Vocational services.
7. # Participants who were referred to/acquired Social Security Benefits.
8. What agencies took referrals from the SUPER program? Who are the partnering agencies of SUPER?